CHAPTER VII.

Then, what is to be done? What are we to do?

This question, which includes within itself both an admission that our life is evil and wrong, and in connection with this,--as though it were an exercise for it,--that it is impossible, nevertheless, to change it, this question I have heard, and I continue to hear, on all sides. I have described my own sufferings, my own gropings, and my own solution of this question. I am the same kind of a man as everybody else; and if I am in any wise distinguished from the average man of our circle, it is chiefly in this respect, that I, more than the average man, have served and winked at the false doctrine of our world; I have received more approbation from men professing the prevailing doctrine: and therefore, more than others, have I become depraved, and wandered from the path. And therefore I think that the solution of the problem, which I have found in my own case, will be applicable to all sincere people who are propounding the same question to themselves.

First of all, in answer to the question, "What is to be done?" I told myself: "I must lie neither to other people nor to myself. I must not fear the truth, whithersoever it may lead me."

We all know what it means to lie to other people, but we are not afraid to lie to ourselves; yet the very worst downright lie, to other people,

is not to be compared in its consequences with the lie to ourselves, upon which we base our whole life.

This is the lie of which we must not be guilty if we are to be in a position to answer the question: "What is to be done?" And, in fact, how am I to answer the question, "What is to be done?" when every thing that I do, when my whole life, is founded on a lie, and when I carefully parade this lie as the truth before others and before myself? Not to lie, in this sense, means not to fear the truth, not to devise subterfuges, and not to accept the subterfuges devised by others for the purpose of hiding from myself the deductions of my reason and my conscience; not to fear to part company with all those who surround me, and to remain alone in company with reason and conscience; not to fear that position to which the truth shall lead me, being firmly convinced that that position to which truth and conscience shall conduct me, however singular it may be, cannot be worse than the one which is founded on a lie. Not to lie, in our position of privileged persons of mental labor, means, not to be afraid to reckon one's self up wrongly. It is possible that you are already so deeply indebted that you cannot take stock of yourself; but to whatever extent this may be the case, however long may be the account, however far you have strayed from the path, it is still better than to continue therein. A lie to other people is not alone unprofitable; every matter is settled more directly and more speedily by the truth than by a lie. A lie to others only entangles matters, and delays the settlement; but a lie to one's self, set forth as the truth, ruins a man's whole life. If a man, having entered on the

wrong path, assumes that it is the true one, then every step that he takes on that path removes him farther from his goal. If a man who has long been travelling on this false path divines for himself, or is informed by some one, that his course is a mistaken one, but grows alarmed at the idea that he has wandered very far astray and tries to convince himself that he may, possibly, still strike into the right road, then he never will get into it. If a man quails before the truth, and, on perceiving it, does not accept it, but does accept a lie for the truth, then he never will learn what he ought to do. We, the not only wealthy, but privileged and so-called cultivated persons, have advanced so far on the wrong road, that a great deal of determination, or a very great deal of suffering on the wrong road, is required, in order to bring us to our senses and to the acknowledgment of the lie in which we are living. I have perceived the lie of our lives, thanks to the sufferings which the false path entailed upon me, and, having recognized the falseness of this path on which I stood, I have had the boldness to go at first in thought only--whither reason and conscience led me, without reflecting where they would bring me out. And I have been rewarded for this boldness.

All the complicated, broken, tangled, and incoherent phenomena of life surrounding me, have suddenly become clear; and my position in the midst of these phenomena, which was formerly strange and burdensome, has become, all at once, natural, and easy to bear.

In this new position, my activity was defined with perfect accuracy; not

at all as it had previously presented itself to me, but as a new and much more peaceful, loving, and joyous activity. The very thing which had formerly terrified me, now began to attract me. Hence I think, that the man who will honestly put to himself the question, "What is to be done?" and, replying to this query, will not lie to himself, but will go whither his reason leads, has already solved the problem.

There is only one thing that can hinder him in his search for an issue,--an erroneously lofty idea of himself and of his position. This was the case with me; and then another, arising from the first answer to the question: "What is to be done?" consisted for me in this, that it was necessary for me to repent, in the full sense of that word,--i.e., to entirely alter my conception of my position and my activity; to confess the hurtfulness and emptiness of my activity, instead of its utility and gravity; to confess my own ignorance instead of culture; to confess my immorality and harshness in the place of my kindness and morality; instead of my elevation, to acknowledge my lowliness. I say, that in addition to not lying to myself, I had to repent, because, although the one flows from the other, a false conception of my lofty importance had so grown up with me, that, until I sincerely repented and cut myself free from that false estimate which I had formed of myself, I did not perceive the greater part of the lie of which I had been guilty to myself. Only when I had repented, that is to say, when I had ceased to look upon myself as a regular man, and had begun to regard myself as a man exactly like every one else,--only then did my path become clear before me. Before that time I had not been able to answer the question: "What is to

be done?" because I had stated the question itself wrongly.

As long as I did not repent, I put the question thus: "What sphere of activity should I choose, I, the man who has received the education and the talents which have fallen to my shame? How, in this fashion, make recompense with that education and those talents, for what I have taken, and for what I still take, from the people?" This question was wrong, because it contained a false representation, to the effect that I was not a man just like them, but a peculiar man called to serve the people with those talents and with that education which I had won by the efforts of forty years.

I propounded the query to myself; but, in reality, I had answered it in advance, in that I had in advance defined the sort of activity which was agreeable to me, and by which I was called upon to serve the people. I had, in fact, asked myself: "In what manner could I, so very fine a writer, who had acquired so much learning and talents, make use of them for the benefit of the people?"

But the question should have been put as it would have stood for a learned rabbi who had gone through the course of the Talmud, and had learned by heart the number of letters in all the holy books, and all the fine points of his art. The question for me, as for the rabbi, should stand thus: "What am I, who have spent, owing to the misfortune of my surroundings, the year's best fitted for study in the acquisition of grammar, geography, judicial science, poetry, novels and romances, the

French language, pianoforte playing, philosophical theories, and military exercises, instead of inuring myself to labor; what am I, who have passed the best years of my life in idle occupations which are corrupting to the soul,--what am I to do in defiance of these unfortunate conditions of the past, in order that I may requite those people who during the whole time have fed and clothed, yes, and who even now continue to feed and clothe me?" Had the question then stood as it stands before me now, after I have repented,--"What am I, so corrupt a man, to do?" the answer would have been easy: "To strive, first of all, to support myself honestly; that is, to learn not to live upon others; and while I am learning, and when I have learned this, to render aid on all possible occasions to the people, with my hands, and my feet, and my brain, and my heart, and with every thing to which the people should present a claim."

And therefore I say, that for the man of our circle, in addition to not lying to himself or to others, repentance is also necessary, and that he should scrape from himself that pride which has sprung up in us, in our culture, in our refinements, in our talents; and that he should confess that he is not a benefactor of the people and a distinguished man, who does not refuse to share with the people his useful acquirements, but that he should confess himself to be a thoroughly guilty, corrupt, and good-for-nothing man, who desires to reform himself and not to behave benevolently towards the people, but simply to cease wounding and insulting them.

I often hear the questions of good young men who sympathize with the

renunciatory part of my writings, and who ask, "Well, and what then shall I do? What am I to do, now that I have finished my course in the university, or in some other institution, in order that I may be of use?" Young men ask this, and in the depths of their soul it is already decided that the education which they have received constitutes their privilege and that they desire to serve the people precisely by means of thus superiority. And hence, one thing which they will in no wise do, is to bear themselves honestly and critically towards that which they call their culture, and ask themselves, are those qualities which they call their culture good or bad? If they will do this, they will infallibly be led to see the necessity of renouncing their culture, and the necessity of beginning to learn all over again; and this is the one indispensable thing. They can in no wise solve the problem, "What to do?" because this question does not stand before them as it should stand. The question must stand thus: "In what manner am I, a helpless, useless man, who, owing to the misfortune of my conditions, have wasted my best years of study in conning the scientific Talmud which corrupts soul and body, to correct this mistake, and learn to serve the people?" But it presents itself to them thus: "How am I, a man who has acquired so much very fine learning, to turn this very fine learning to the use of the people?" And such a man will never answer the question, "What is to be done?" until he repents. And repentance is not terrible, just as truth is not terrible, and it is equally joyful and fruitful. It is only necessary to accept the truth wholly, and to repent wholly, in order to understand that no one possesses any rights, privileges, or peculiarities in the matter of this life of ours, but that there are no ends or bounds to obligation,

and that a man's first and most indubitable duty is to take part in the struggle with nature for his own life and for the lives of others.

And this confession of a man's obligation constitutes the gist of the third answer to the question, "What is to be done?"

I tried not to lie to myself: I tried to cast out from myself the remains of my false conceptions of the importance of my education and talents, and to repent; but on the way to a decision of the question, "What to do?" a fresh difficulty arose. There are so many different occupations, that an indication was necessary as to the precise one which was to be adopted. And the answer to this question was furnished me by sincere repentance for the evil in which I had lived.

"What to do? Precisely what to do?" all ask, and that is what I also asked so long as, under the influence of my exalted idea of any own importance, I did not perceive that my first and unquestionable duty was to feed myself, to clothe myself, to furnish my own fuel, to do my own building, and, by so doing, to serve others, because, ever since the would has existed, the first and indubitable duty of every man has consisted and does consist in this.

In fact, no matter what a man may have assumed to be his vocation,--whether it be to govern people, to defend his fellow-countrymen, to divine service, to instruct others, to invent means to heighten the pleasures of life, to discover the laws of the world, to

incorporate eternal truths in artistic representations,--the duty of a reasonable man is to take part in the struggle with nature, for the sustenance of his own life and of that of others. This obligation is the first of all, because what people need most of all is their life; and therefore, in order to defend and instruct the people, and render their lives more agreeable, it is requisite to preserve that life itself, while my refusal to share in the struggle, my monopoly of the labors of others, is equivalent to annihilation of the lives of others. And, therefore, it is not rational to serve the lives of men by annihilating the lives of men; and it is impossible to say that I am serving men, when, by my life, I am obviously injuring them.

A man's obligation to struggle with nature for the acquisition of the means of livelihood will always be the first and most unquestionable of all obligations, because this obligation is a law of life, departure from which entails the inevitable punishment of either bodily or mental annihilation of the life of man. If a man living alone excuses himself from the obligation of struggling with nature, he is immediately punished, in that his body perishes. But if a man excuses himself from this obligation by making other people fulfil it for him, then also he is immediately punished by the annihilation of his mental life; that is to say, of the life which possesses rational thought.

In this one act, man receives--if the two things are to be separated--full satisfaction of the bodily and spiritual demands of his nature. The feeding, clothing, and taking care of himself and his family, constitute

the satisfaction of the bodily demands and requirements; and doing the same for other people, constitutes the satisfaction of his spiritual requirements. Every other employment of man is only legal when it is directed to the satisfaction of this very first duty of man; for the fulfilment of this duty constitutes the whole life of man.

I had been so turned about by my previous life, this first and indubitable law of God or of nature is so concealed in our sphere of society, that the fulfilment of this law seemed to me strange, terrible, even shameful; as though the fulfilment of an eternal, unquestionable law, and not the departure from it, can be terrible, strange, and shameful.

At first it seemed to me that the fulfilment of this matter required some preparation, arrangement or community of men, holding similar views,--the consent of one's family, life in the country; it seemed to me disgraceful to make a show of myself before people, to undertake a thing so improper in our conditions of existence, as bodily toil, and I did not know how to set about it. But it was only necessary for me to understand that this is no exclusive occupation which requires to be invented and arranged for, but that this employment was merely a return from the false position in which I found myself, to a natural one; was only a rectification of that lie in which I was living. I had only to recognize this fact, and all these difficulties vanished. It was not in the least necessary to make preparations and arrangements, and to await the consent of others, for, no matter in what position I had found myself, there had always been

people who had fed, clothed and warmed me, in addition to themselves; and everywhere, under all conditions, I could do the same for myself and for them, if I had the time and the strength. Neither could I experience false shame in an unwonted occupation, no matter how surprising it might be to people, because, through not doing it, I had already experienced not false but real shame.

And when I had reached this confession and the practical deduction from it, I was fully rewarded for not having quailed before the deductions of reason, and for following whither they led me. On arriving at this practical deduction, I was amazed at the ease and simplicity with which all the problems which had previously seemed to me so difficult and so complicated, were solved.

To the question, "What is it necessary to do?" the most indubitable answer presented itself: first of all, that which it was necessary for me to do was, to attend to my own samovar, my own stove, my own water, my own clothing; to every thing that I could do for myself. To the question, "Will it not seem strange to people if you do this?" it appeared that this strangeness lasted only a week, and after the lapse of that week, it would have seemed strange had I returned to my former conditions of life. With regard to the question, "Is it necessary to organize this physical labor, to institute an association in the country, on my land?" it appeared that nothing of the sort was necessary; that labor, if it does not aim at the acquisition of all possible leisure, and the enjoyment of the labor of others,--like the labor of people bent on

accumulating money,--but if it have for its object the satisfaction of requirements, will itself be drawn from the city to the country, to the land, where this labor is the most fruitful and cheerful. But it is not requisite to institute any association, because the man who labors, naturally and of himself, attaches himself to the existing association of laboring men.

To the question, whether this labor would not monopolize all my time, and deprive me of those intellectual pursuits which I love, to which I am accustomed, and which, in my moments of self-conceit, I regard as not useless to others? I received a most unexpected reply. The energy of my intellectual activity increased, and increased in exact proportion with bodily application, while freeing itself from every thing superfluous. It appeared that by dedicating to physical toil eight hours, that half of the day which I had formerly passed in the oppressive state of a struggle with ennui, eight hours remained to me, of which only five of intellectual activity, according to my terms, were necessary to me. For it appeared, that if I, a very voluminous writer, who had done nothing for nearly forty years except write, and who had written three hundred printed sheets;--if I had worked during all those forty years at ordinary labor with the working-people, then, not reckoning winter evenings and leisure days, if I had read and studied for five hours every day, and had written a couple of pages only on holidays (and I have been in the habit of writing at the rate of one printed sheet a day), then I should have written those three hundred sheets in fourteen years. The fact seemed startling: yet it is the most simple arithmetical calculation, which can

be made by a seven-year-old boy, but which I had not been able to make up to this time. There are twenty-four hours in the day; if we take away eight hours, sixteen remain. If any man engaged in intellectual occupations devote five hours every day to his occupation, he will accomplish a fearful amount. And what is to be done with the remaining eleven hours?

It proved that physical labor not only does not exclude the possibility of mental activity, but that it improves its quality, and encourages it.

In answer to the question, whether this physical toil does not deprive me of many innocent pleasures peculiar to man, such as the enjoyment of the arts, the acquisition of learning, intercourse with people, and the delights of life in general, it turned out exactly the reverse: the more intense the labor, the more nearly it approached what is considered the coarsest agricultural toil, the more enjoyment and knowledge did I gain, and the more did I come into close and loving communion with men, and the more happiness did I derive from life.

In answer to the question (which I have so often heard from persons not thoroughly sincere), as to what result could flow from so insignificant a drop in the sea of sympathy as my individual physical labor in the sea of labor ingulfing me, I received also the most satisfactory and unexpected of answers. It appeared that all I had to do was to make physical labor the habitual condition of my life, and the majority of my false, but precious, habits and my demands, when physically idle, fell away from me

at once of their own accord, without the slightest exertion on my part. Not to mention the habit of turning day into night and vice versa, my habits connected with my bed, with my clothing, with conventional cleanliness,--which are downright impossible and oppressive with physical labor,--and my demands as to the quality of my food, were entirely changed. In place of the dainty, rich, refined, complicated, highly-spiced food, to which I had formerly inclined, the most simple viands became needful and most pleasing of all to me,--cabbage-soup, porridge, black bread, and tea v prikusku. {238} So that, not to mention the influence upon me of the example of the simple working-people, who are content with little, with whom I came in contact in the course of my bodily toil, my very requirements underwent a change in consequence of my toilsome life; so that my drop of physical labor in the sea of universal labor became larger and larger, in proportion as I accustomed myself to, and appropriated, the habits of the laboring classes; in proportion, also, to the success of my labor, my demands for labor from others grew less and less, and my life naturally, without exertion or privations, approached that simple existence of which I could not even dream without fulfilling the law of labor.

It proved that my dearest demands from life, namely, my demands for vanity, and diversion from ennui, arose directly from my idle life. There was no place for vanity, in connection with physical labor; and no diversions were needed, since my time was pleasantly occupied, and, after my fatigue, simple rest at tea over a book, or in conversation with my fellows, was incomparably more agreeable than theatres, cards, conceits,

or a large company,--all which things are needed in physical idleness, and which cost a great deal.

In answer to the question, Would not this unaccustomed toil ruin that health which is indispensable in order to render service to the people possible? it appeared, in spite of the positive assertions of noted physicians, that physical exertion, especially at my age, might have the most injurious consequences (but that Swedish gymnastics, the massage treatment, and so on, and other expedients intended to take the place of the natural conditions of man's life, were better), that the more intense the toil, the stronger, more alert, more cheerful, and more kindly did I feel. Thus it undoubtedly appeared, that, just as all those cunning devices of the human mind, newspapers, theatres, concerts, visits, balls, cards, journals, romances, are nothing else than expedients for maintaining the spiritual life of man outside his natural conditions of labor for others,--just so all the hygienic and medical devices of the human mind for the preparation of food, drink, lodging, ventilation, heating, clothing, medicine, water, massage, gymnastics, electric, and other means of healing,--all these clever devices are merely an expedient to sustain the bodily life of man removed from its natural conditions of labor. It turned out that all these devices of the human mind for the agreeable arrangement of the physical existence of idle persons are precisely analogous to those artful contrivances which people might invent for the production in vessels hermetically sealed, by means of mechanical arrangements, of evaporation, and plants, of the air best fitted for breathing, when all that is needed is to open the window. All

the inventions of medicine and hygiene for persons of our sphere are much the same as though a mechanic should hit upon the idea of heating a steam-boiler which was not working, and should shut all the valves so that the boiler should not burst. Only one thing is needed, instead of all these extremely complicated devices for pleasure, for comfort, and for medical and hygienic preparations, intended to save people from their spiritual and bodily ailments, which swallow up so much labor,--to fulfil the law of life; to do that which is proper not only to man, but to the animal; to fire off the charge of energy taken win in the shape of food, by muscular exertion; to speak in plain language, to earn one's bread. Those who do not work should not eat, or they should earn as much as they have eaten.

And when I clearly comprehended all this, it struck me as ridiculous. Through a whole series of doubts and searchings, I had arrived, by a long course of thought, at this remarkable truth: if a man has eyes, it is that he may see with them; if he has ears, that he may hear; and feet, that he may walk; and hands and back, that he may labor; and that if a man will not employ those members for that purpose for which they are intended, it will be the worse for him.

I came to this conclusion, that, with us privileged people, the same thing has happened which happened with the horses of a friend of mine. His steward, who was not a lover of horses, nor well versed in them, on receiving his master's orders to place the best horses in the stable, selected them from the stud, placed them in stalls, and fed and watered

them; but fearing for the valuable steeds, he could not bring himself to trust them to any one, and he neither rode nor drove them, nor did he even take them out. The horses stood there until they were good for nothing. The same thing has happened with us, but with this difference: that it was impossible to deceive the horses in any way, and they were kept in bonds to prevent their getting out; but we are kept in an unnatural position that is equally injurious to us, by deceits which have entangled us, and which hold us like chains.

We have arranged for ourselves a life that is repugnant both to the moral and the physical nature of man, and all the powers of our intelligence we concentrate upon assuring man that this is the most natural life possible. Every thing which we call culture,--our sciences, art, and the perfection of the pleasant thing's of life,--all these are attempts to deceive the moral requirements of man; every thing that is called hygiene and medicine, is an attempt to deceive the natural physical demands of human nature. But these deceits have their bounds, and we advance to them. "If such be the real human life, then it is better not to live at all," says the reigning and extremely fashionable philosophy of Schopenhauer and Hartmann. If such is life, 'tis better for the coming generation not to live," say corrupt medical science and its newly devised means to that end.

In the Bible, it is laid down as the law of man: "In the sweat of thy face shalt thou eat bread, and in sorrow thou shalt bring forth children;" but "nous avons change tout ca," as Moliere's character

says, when expressing himself with regard to medicine, and asserting that the liver was on the left side. We have changed all that. Men need not work in order to eat, and women need not bear children.

A ragged peasant roams the Krapivensky district. During the war he was an agent for the purchase of grain, under an official of the commissary department. On being brought in contact with the official, and seeing his luxurious life, the peasant lost his mind, and thought that he might get along without work, like gentlemen, and receive proper support from the Emperor. This peasant now calls himself "the Most Serene Warrior, Prince Blokhin, purveyor of war supplies of all descriptions." He says of himself that he has "passed through all the ranks," and that when he shall have served out his term in the army, he is to receive from the Emperor an unlimited bank account, clothes, uniforms, horses, equipages, tea, pease and servants, and all sorts of luxuries. This man is ridiculous in the eyes of many, but to me the significance of his madness is terrible. To the question, whether he does not wish to work, he always replies proudly: "I am much obliged. The peasants will attend to all that." When you tell him that the peasants do not wish to work, either, he answers: "It is not difficult for the peasant."

He generally talks in a high-flown style, and is fond of verbal substantives. "Now there is an invention of machinery for the alleviation of the peasants," he says; "there is no difficulty for them in that." When he is asked what he lives for, he replies, "To pass the time." I always look on this man as on a mirror. I behold in him myself

and all my class. To pass through all the ranks (tchini) in order to live for the purpose of passing the time, and to receive an unlimited bank account, while the peasants, for whom this is not difficult, because of the invention of machinery, do the whole business,--this is the complete formula of the idiotic creed of the people of our sphere in society.

When we inquire precisely what we are to do, surely, we ask nothing, but merely assert--only not in such good faith as the Most Serene Prince Blokhin, who has been promoted through all ranks, and lost his mind--that we do not wish to do any thing.

He who will reflect for a moment cannot ask thus, because, on the one hand, every thing that he uses has been made, and is made, by the hands of men; and, on the other side, as soon as a healthy man has awakened and eaten, the necessity of working with feet and hands and brain makes itself felt. In order to find work and to work, he need only not hold back: only a person who thinks work disgraceful--like the lady who requests her guest not to take the trouble to open the door, but to wait until she can call a man for this purpose--can put to himself the question, what he is to do.

The point does not lie in inventing work,--you can never get through all the work that is to be done for yourself and for others,--but the point lies in weaning one's self from that criminal view of life in accordance with which I eat and sleep for my own pleasure; and in appropriating to

myself that just and simple view with which the laboring man grows up and lives,--that man is, first of all, a machine, which loads itself with food in order to sustain itself, and that it is therefore disgraceful, wrong, and impossible to eat and not to work; that to eat and not to work is the most impious, unnatural, and, therefore, dangerous position, in the nature of the sin of Sodom. Only let this acknowledgement be made, and there will be work; and work will always be joyous and satisfying to both spiritual and bodily requirements.

The matter presented itself to me thus: The day is divided for every man, by food itself, into four parts, or four stints, as the peasants call it: (1) before breakfast; (2) from breakfast until dinner; (3) from dinner until four o'clock; (4) from four o'clock until evening.

A man's employment, whatever it may be that he feels a need for in his own person, is also divided into four categories: (1) the muscular employment of power, labor of the hands, feet, shoulders, back,--hard labor, from which you sweat; (2) the employment of the fingers and wrists, the employment of artisan skill; (3) the employment of the mind and imagination; (4) the employment of intercourse with others.

The benefits which man enjoys are also divided into four categories. Every man enjoys, in the first place, the product of hard labor,--grain, cattle, buildings, wells, ponds, and so forth; in the second place, the results of artisan toil,--clothes, boots, utensils, and so forth; in the third place, the products of mental activity,--science, art; and, in the

forth place, established intercourse between people.

And it struck me, that the best thing of all would be to arrange the occupations of the day in such a manner as to exercise all four of man's capacities, and myself produce all these four sorts of benefits which men make use of, so that one portion of the day, the first, should be dedicated to hard labor; the second, to intellectual labor; the third, to artisan labor; and the forth, to intercourse with people. It struck me, that only then would that false division of labor, which exists in our society, be abrogated, and that just division of labor established, which does not destroy man's happiness.

I, for example, have busied myself all my life with intellectual labor. I said to myself, that I had so divided labor, that writing, that is to say, intellectual labor, is my special employment, and the other matters which were necessary to me I had left free (or relegated, rather) to others. But this, which would appear to have been the most advantageous arrangement for intellectual toil, was precisely the most disadvantageous to mental labor, not to mention its injustice.

All my life long, I have regulated my whole life, food, sleep, diversion, in view of these hours of special labor, and I have done nothing except this work. The result of this has been, in the first place, that I have contracted my sphere of observations and knowledge, and have frequently had no means for the study even of problems which often presented themselves in describing the life of the people (for the life of the

common people is the every-day problem of intellectual activity). I was conscious of my ignorance, and was obliged to obtain instruction, to ask about things which are known by every man not engaged in special labor. In the second place, the result was, that I had been in the habit of sitting down to write when I had no inward impulse to write, and when no one demanded from me writing, as writing, that is to say, my thoughts, but when my name was merely wanted for journalistic speculation. I tried to squeeze out of myself what I could. Sometimes I could extract nothing; sometimes it was very wretched stuff, and I was dissatisfied and grieved. But now that I have learned the indispensability of physical labor, both hard and artisan labor, the result is entirely different. My time has been occupied, however modestly, at least usefully and cheerfully, and in a manner instructive to me. And therefore I have torn myself from that indubitably useful and cheerful occupation for my special duties only when I felt an inward impulse, and when I saw a demand made upon me directly for my literary work.

And these demands called into play only good nature, and therefore the usefulness and the joy of my special labor. Thus it turned out, that employment in those physical labors which are indispensable to me, as they are to every man, not only did not interfere with my special activity, but was an indispensable condition of the usefulness, worth, and cheerfulness of that activity.

The bird is so constructed, that it is indispensable that it should fly, walk, peek, combine; and when it does all this, it is satisfied and

happy,--then it is a bird. Just so man, when he walks, turns, raises, drags, works with his fingers, with his eyes, with his ears, with his tongue, with his brain,--only then is he satisfied, only then is he a man.

A man who acknowledges his appointment to labor will naturally strive towards that rotation of labor which is peculiar to him, for the satisfaction of his inward requirements; and he can alter this labor in no other way than when he feels within himself an irresistible summons to some exclusive form of labor, and when the demands of other men for that labor are expressed.

The character of labor is such, that the satisfaction of all a man's requirements demands that same succession of the sorts of work which renders work not a burden but a joy. Only a false creed, [Greek text which cannot be reproduced], to the effect that labor is a curse, could have led men to rid themselves of certain kinds of work; i.e., to the appropriation of the work of others, demanding the forced occupation with special labor of other people, which they call division of labor.

We have only grown used to our false comprehension of the regulation of labor, because it seems to us that the shoemaker, the machinist, the writer, or the musician will be better off if he gets rid of the labor peculiar to man. Where there is no force exercised over the labor of others, or any false belief in the joy of idleness, not a single man will get rid of physical labor, necessary for the satisfaction of his

requirements, for the sake of special work; because special work is not a privilege, but a sacrifice which man offers to inward pressure and to his brethren.

The shoemaker in the country, who abandons his wonted labor in the field, which is so grateful to him, and betakes himself to his trade, in order to repair or make boots for his neighbors, always deprives himself of the pleasant toil of the field, simply because he likes to make boots, because he knows that no one else can do it so well as he, and that people will be grateful to him for it; but the desire cannot occur to him, to deprive himself, for the whole period of his life, of the cheering rotation of labor.

It is the same with the starosta [village elder], the machinist, the writer, the learned man. To us, with our corrupt conception of things, it seems, that if a steward has been relegated to the position of a peasant by his master, or if a minister has been sent to the colonies, he has been chastised, he has been ill-treated. But in reality a benefit has been conferred on him; that is to say, his special, hard labor has been changed into a cheerful rotation of labor. In a naturally constituted society, this is quite otherwise. I know of one community where the people supported themselves. One of the members of this society was better educated than the rest; and they called upon him to read, so that he was obliged to prepare himself during the day, in order that he might read in the evening. This he did gladly, feeling that he was useful to others, and that he was performing a good deed. But he

grew weary of exclusively intellectual work, and his health suffered from it. The members of the community took pity on him, and requested him to go to work in the fields.

For men who regard labor as the substance and the joy of life, the basis, the foundation of life will always be the struggle with nature,--labor both agricultural and mechanical, and intellectual, and the establishment of communion between men. Departure from one or from many of these varieties of labor, and the adoption of special labor, will then only occur when the man possessed of a special branch, and loving this work, and knowing that he can perform it better than others, sacrifices his own profit for the satisfaction of the direct demands made upon him. Only on condition of such a view of labor, and of the natural division of labor arising from it, is that curse which is laid upon our idea of labor abrogated, and does every sort of work becomes always a joy; because a man will either perform that labor which is undoubtedly useful and joyous, and not dull, or he will possess the consciousness of self-abnegation in the fulfilment of more difficult and restricted toil, which he exercises for the good of others.

But the division of labor is more profitable. More profitable for whom? It is more profitable in making the greatest possible quantity of calico, and boots in the shortest possible time. But who will make these boots and this calico? There are people who, for whole generations, make only the heads of pins. Then how can this be more profitable for men? If the point lies in manufacturing as much calico and as many pins as possible,

then this is so. But the point concerns men and their welfare. And the welfare of men lies in life. And life is work. How, then, can the necessity for burdensome, oppressive toil be more profitable for people? For all men, that one thing is more profitable which I desire for myself,--the utmost well-being, and the gratification of all those requirements, both bodily and spiritual, of the conscience and of the reason, which are imposed upon me. And in my own case I have found, that for my own welfare, and for the satisfaction of these needs of mine, all that I require is to cure myself of that folly in which I had been living, in company with the Krapivensky madman, and which consisted in presupposing that some people need not work, and that certain other people should direct all this, and that I should therefore do only that which is natural to man, i.e., labor for the satisfaction of their requirements; and, having discovered this, I convinced myself that labor for the satisfaction of one's own needs falls of itself into various kinds of labor, each one of which possesses its own charm, and which not only do not constitute a burden, but which serve as a respite to one another. I have made a rough division of this labor (not insisting on the justice of this arrangement), in accordance with my own needs in life, into four parts, corresponding to the four stints of labor of which the day is composed; and I seek in this manner to satisfy my requirements.

These, then, are the answers which I have found for myself to the question, "What is to be done?"

First, Not to lie to myself, however far removed my path in life may be from the true path which my reason discloses to me.

Second, To renounce my consciousness of my own righteousness, my superiority especially over other people; and to acknowledge my guilt.

Third, To comply with that eternal and indubitable law of humanity,--the labor of my whole being, feeling no shame at any sort of work; to contend with nature for the maintenance of my own life and the lives of others.

Footnotes:

{169} An omission by the censor, which I am unable to supply. TRANS.

{178} We designate as organisms the elephant and the bacterian, only because we assume by analogy in those creatures the same conjunction of feeling and consciousness that we know to exist in ourselves. But in human societies and in humanity, this actual sign is absent; and therefore, however many other signs we may discover in humanity and in organism, without this substantial token the recognition of humanity as an organism is incorrect.

{238} v prikusku, when a lump of sugar is held in the teeth instead or being put into the tea.